

### **Volunteering program with accommodation- "Independent living neighborhood"**

ALYN is a private non-profit hospital, specialists in the active and intensive rehabilitation of infants, children and adolescents - regardless of religion or ethnic origin – who are afflicted with a broad range of physical disabilities.

The volunteering program with accommodation is a part of **VOIS – Volunteer in Israel** - an official program of the Ministry of Labor, Social Affairs and Social Services of the State of Israel.

Volunteering service is 5 days a week, for a total of 35 hours per week, between 9-12 months.

Each volunteer has 2 days of vacation per month (for example 22 days for 11 months), as well as 2 days off in the period of Christmas and New Year.

ALYN provides living quarters for volunteers next to the hospital, and provides all the required conditions (pocket money, meals, food products for the apartment, volunteers meeting, day trips etc...).

One of the departments in ALYN is an "Independent living neighborhood". The residents are adults (mainly 20-40 years old).

All are ventilator-dependent because of various muscle illnesses. The residents are active and have a normal cognitive level. They are independent in the use of a computer that allows them to do many things.

#### The work definition of the volunteer in the "Independent living neighborhood":

In the first 2 months, the volunteer learns nursing work skills to use **only** when he will accompany a resident outside of Alyn Hospital in order to take care of his basic needs. He learns as well specific medical treatments such as tracheal suction.

During his volunteering period, the role of the volunteer is to engage the residents in a one on one social activity (playing, cooking etc) or in a group (co working with the social staff of the department).

In addition to working with these adults within the Hospital, the volunteer also accompanies them on outings and activities outside of ALYN (as mentioned above).

The volunteering hours are 35 hours per week - 5 days a week.

The volunteers are entitled to two days off per week (**not specifically on Friday and Saturday**).